

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nelia De Freitas**

Has successfully participated & completed the

**8km Shift Wellness - Winter Wellness Trail Series**

held at Walter Sisulu Garden.

**TIME 01:35:07**

**PACE 11:52/km**

**OVERALL 32 of 47**

**GENDER 13 of 25**

**OPEN 10 of 16**

21 July 2019, Sun

Date



*BoutTime*

Signature

